

## **SURGERY INSTRUCTIONS**

YOU WILL NEED TO GET YOUR LABS DONE AT THE ST. MARYS HOSPITAL OR AT YOUR LAB OF CHOICE WITHIN 4 WEEKS OF SURGERY. THE PHONE # FOR THE ST. MARYS LAB IS (415)750-4900 TO MAKE AN APPOINTMENT.

YOU WILL NEED TO HAVE A HISTORY AND PHYSICAL EXAM PERFORMED EITHER AT OUR OFFICE OR BY YOUR PRIMARY CARE DOCTOR 30 DAYS PRIOR TO SURGERY. IF YOU WANT YOUR PRIMARY CARE DOCTOR TO PERFORM THIS PLEASE LET THE OFFICE KNOW SO WE CAN PROVIDE YOU A FORM FOR YOUR DOCTOR.

SURGERY SCHEDULER WILL OBTAIN PRIOR AUTHORIZATION FROM INSURANCE IF NEEDED.

NO FOOD OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE UNLESS YOU NEED TO TAKE A PILL THAT IS OKAYED BY THE DOCTOR. THEN YOU MAY DRINK JUST ENOUGH WATER TO TAKE THE PILL.

YOU WILL NEED TO CHECK IN TO THE 3<sup>RD</sup> FLOOR OF THE ST. MARYS HOSPITAL AT 450 STANYAN STREET 2 HOURS PRIOR TO SCHEDULED SURGERY TIME AND FOLLOW SIGNS TO PRE-SURGERY.

THE HOSPITAL WILL NOT LET YOU LEAVE ALONE AFTER BEING UNDER ANESTHESIA SO MAKE SURE YOU HAVE SOMEONE TO PICK YOU UP ONCE YOU ARE READY TO GO HOME.

PLEASE CONTACT MICHELLE SMITH THE PATIENT FINANCIAL ADVISOR FOR ANY QUESTIONS YOU MAY HAVE REGARDING ANESTHESIOLOGIST OR HOSPITAL CHARGES AT (415)750-4941.